

NCS Kit List

Clothing

T-shirts
Jeans
Sweatshirts/jumpers
Underwear
Pyjamas
Warm tops and/or waterproof top
Shorts
Socks
Swimwear
Clothes to get wet
Trainers/Hiking boots
Footwear that can get wet
Hat/Cap

Other Essentials

Toiletries (soap, shampoo etc)
Toothbrush
Toothpaste
Towels
Drinking Bottle
Any prescribed medicine
Packed Lunch (for first day)
Rucksack
Snacks
Money for Tuck shop

Disclaimer

We are not able to insure personal belongings such as watches, jewellery, iPods, mobile phones etc. It is advised to leave them at home. If the participant chooses to bring such items, it is at their own risk.

