

## **Congratulations for securing your place on the NCS Summer 2018 programme!**

Thank you for signing up to the National Citizen Service! Here at Club Doncaster Foundation we have spent the year putting together this awesome programme, and so we can't wait to have you with us for NCS this coming summer! In this Welcome Pack, we will take you through everything you need to know about your NCS journey, including a full schedule of how the programme will run, a comprehensive kit list of everything you will need to bring, and information on how to get hold of us should you have any questions! Your start date is **Monday 13<sup>th</sup> of August 2018** and the programme will conclude on **Friday 31<sup>st</sup> of August 2018**.



**Make sure your Parents/Guardians are reading along as all this information is for them too!**

### **Keep Warm Events**

We will be holding events throughout the year to give you the chance to meet other young people who will be doing the programme and to give parents/guardians the opportunity to learn more about what you will be doing next summer and to get to know the programme leaders.

**Sunday 21<sup>st</sup> January 2018 @ Doncaster Dome, Doncaster Lakeside, Bawtry Rd, Doncaster, DN4 7PD**

**Time: 7:30 pm – 8:30 pm**

We will be **Ice Skating** and all NCS sign up's are invited! It's a great opportunity to meet some of the people you will be spending your summer with! And best of all, it's completely **free!**

**Tuesday 3<sup>rd</sup> April 2018 @ Go Bounce Trampoline Park, Shaw Lane Industrial Estate, Ogden Road, Doncaster, DN2 4SQ**

**Time: 6:00 pm – 8:00 pm**

Your final opportunity to meet up and get to know each other before NCS Summer 2018 formally kicks off! What better place to do so than at a trampoline park?! And of course, it won't cost you a penny!

**Wednesday 2<sup>nd</sup> May 2018 @ - Parents Information Evening, Belle Vue Bar, Keepmoat Stadium, Stadium Way, Doncaster, DN4 5JW**

**Time: 6:00 – 6:30 pm**

This is the best opportunity for parents/guardians to come down and learn what the NCS programme is all about! The NCS team will be around to talk about the benefits and success of the programme, as well as answer any questions that parents/guardians will have about what you will be doing.

## **NCS Summer 2018 Itinerary**

**Bag Drop - Club Doncaster Sports College, East Stand,  
Keepmoat Stadium, Stadium Way, Doncaster, DN4 5JW**

**Date: Friday 10<sup>th</sup> August 2018**

**Time: 5:30pm - 7:00pm**

Take the opportunity to avoid last minute rushes and drop your bags off the weekend before the programme starts, giving you the chance to have a stress free weekend to prepare for your time away!

### **Week 1 - Away Residential**

**Depart from Club Doncaster Sports College, Keepmoat Stadium  
East Stand on Monday 13<sup>th</sup> August 2018**

**Meet: 9 am**

**Residential Location: YHA Patterdale, Penrith CA11 0NW**

**Return to Stadium: Friday 17<sup>th</sup> August 2018 between 2:00pm and  
2:30pm**

Time for some adventure! Week 1 is the time to push yourself mentally and physically, learn some new skills and overcome some fears! With activities like raft building, hiking and abseiling, this is a great opportunity to do things you wouldn't normally get the opportunity to do, all in the beautiful setting of the **Lake District!** Make new friends, make memories, push yourself out of your comfort zone and have some fun!

Make sure you bring a packed lunch with you, as the first meal provided will not be until the evening on day of arrival. All meals are provided at no extra cost.

### **Week 2 - Home Residential**

After spending the weekend back home where you can get your clothes washed (and catch up on some sleep!), you will be spending your second week at Worksop College on a completely different kind of residential!

**Depart from Car Park 2, Keepmoat Stadium on Monday 20<sup>th</sup> of  
August 2018**

**Meet: 10 am**

**Location: Worksop College, Cuthbert's Avenue, Worksop,  
Nottinghamshire S80 3AP**

**Return to Stadium: Friday 24<sup>th</sup> August 2018 @ 2.45pm**

The Home Residential gives you the opportunity to have some fun and continue to make new friends and strengthen relationships, all while learning some awesome life skills that will help you prepare for further education and employment, help you understand the world around you and let you develop skills you never knew you had!

For those collecting GCSE results on Thursday the 23<sup>rd</sup>, parents will be required to pick up participants from Worksop College and then return them to the College after they have collected their results as the programme and activities will run through until the Friday.

### **Week 3 – Social Action Project**

**Location:** You decide, it's your project! (Keep it local though!)

**Date:** Monday 27<sup>th</sup> August 2018

**Time:** TBC

**Finish Date:** Friday 31<sup>st</sup> August 2018

**Be aware that you will have to make your own way to your Social Action Project.**

You'll finally be back at home for this one! Every day you will meet up with your group to make your chosen Social Action Project a reality! And it could be anything; raising awareness of social issues, renovating and cleaning up local parks, sponsored walks, bake sales and fundraising are just some examples, but it's really up to you and your group!

### **Graduation**

**Location:** TBC

**Date & Time:** TBC

Just because the summer programme is finished, it doesn't mean that NCS is over! It's time for your graduation! So dress smart and prepare for a night with a real awards night feeling. There will be the chance to meet up with friends from NCS, a Graduation Certificate Award Ceremony, food, music and dancing and the chance to thank all those who have worked so hard to give you this memorable summer! We are still in the process of picking a date and location, but we will keep you informed and up-to-date with what is going on!

## Stay Connected

Another great way to connect with people who will be joining you on your NCS experience, keep up to date with all the latest information and to ask questions is by using our Social Media channels! You can find us on Facebook, Instagram, Twitter and Snapchat!



**Club Doncaster Rajveen**

**Club Doncaster Dale**

**Club Doncaster Gabby**

(add us as friends and we will take care of the rest!)



**ncs\_doncaster**



**@ ClubDFoundation**



**ncs\_doncaster**

**We encourage you to follow us on our social media pages so that you can have access to incentives, competitions (Nandos vouchers anyone?), updates and vital information for your NCS experience!**

## **Contact Information**

**Enquiries about Keep Warm Events:**

**NCS Office: 01302764663 - extension number 3**

**NCS Mobile: 07876030499**

**Enquiries about Bag Drop:**

**NCS Office: 01302764663 - extension number 3**

**NCS Mobile: 07876030499**

**Away Residential:**

**YHA Hawkshead, Ambleside LA22 0QD**

**01539 436293**

**Home Residential:**

**Worksop College, Cuthbert's Avenue, Worksop, Nottinghamshire  
S80 3AP**

**01909 537100**

**Social Action:**

**NCS Office: 01302764663 - extension number 3**

**NCS Mobile: 07876030499**

**Medical Forms: If you have not yet completed the online medical forms, we ask you to complete and submit as soon as possible. If you have not received the link or have any problems, please call/message us on 07876030499**

**Refund Policy: Refunds are only available within the first 14 days after signing up, and are only available in exceptional circumstances beyond that cut off point.**

**Emergency Contact number during NCS: 07876030499**

# NCS Kit List

## Clothing

T-shirts  
Jeans  
Sweatshirts/jumpers  
Underwear  
Pyjamas  
Warm tops and/or waterproof top  
Shorts  
Socks  
Swimwear  
Clothes to get wet  
Trainers/Hiking boots  
Footwear that can get wet  
Hat/Cap

## Other Essentials

Toiletries (soap, shampoo etc)  
Toothbrush  
Toothpaste  
Towels  
Drinking Bottle  
Any prescribed medicine  
Packed Lunch (for first day)  
Rucksack  
Snacks  
Money for Tuck shop

## Disclaimer

We are not able to insure personal belongings such as watches, jewellery, iPods, mobile phones etc. It is advised to leave them at home. If the participant chooses to bring such items, it is at their own risk.

